

## About the Speakers

**Diane Anderson, PhD, RD**, Director, Neonatal Nutrition Services and Associate Professor, Neonatology - Department of Pediatrics, Baylor College of Medicine, Houston, Texas

**Elizabeth A. Conover, MS, C-PNP**, Certified Genetic Counselor, Coordinator, Nebraska Teratogen Information Service, Munroe-Meyer Institute, University of Nebraska Medical Center, Omaha, Nebraska

**Laura Ehrlich, MPH**, Project Coordinator, Minnesota International Health Volunteers (MIHV), Minneapolis, Minnesota

**Cathy Fagen, MA, RD**, RPPC/CDAPP, Coordinator, Region 6.1, Long Beach Memorial Medical Center, Perinatal Outreach Education Program, Long Beach, California

**Michael Georgieff, MD**, Professor, Neonatology, Department of Pediatrics, Department of Child Psychology, Medical School, Director, Center for Neurobehavioral Development, University of Minnesota, Twin Cities Campus

**Craig A. Hassel, PhD**, Associate Professor, Department of Food Science and Nutrition, University of Minnesota, University of Minnesota Twin Cities Campus

**Mary Hediger, PhD**, Human Biologist, Epidemiology Branch/DESPR, National Institute of Child Health and Human Development, National Institutes of Health, Bethesda, Maryland

**Michelle F. Mottola, PhD, FACSM**, Director, R. Samuel McLaughlin Foundation, Exercise and Pregnancy Lab, University of Western Ontario, London, Ontario, Canada

**Madeleine Sigman-Grant, PhD**, Professor and Maternal and Child Health Area Extension Specialist, University of Nevada Cooperative Extension, Las Vegas, Nevada

**Mark Pereira, PhD**, Assistant Professor, Division of Epidemiology and Community Health, University of Minnesota, Twin Cities Campus

**Francisco Ramos-Gomez, DDS, MPH**, School of Dentistry, University of California-San Francisco, San Francisco, California

**Jamie Stang, PhD, MPH, RD**, Assistant Professor, Division of Epidemiology and Community Health, School of Public Health, University of Minnesota

Registration is due by September 8, 2006

University of Minnesota's  
National Maternal Nutrition Intensive Course  
October 5-6, 2006

Missouri Department of Health and Senior Services  
Bureau of WIC and Nutrition Services  
Nutrition Training Institute  
P.O. Box 570  
Jefferson City, MO 65102-0570

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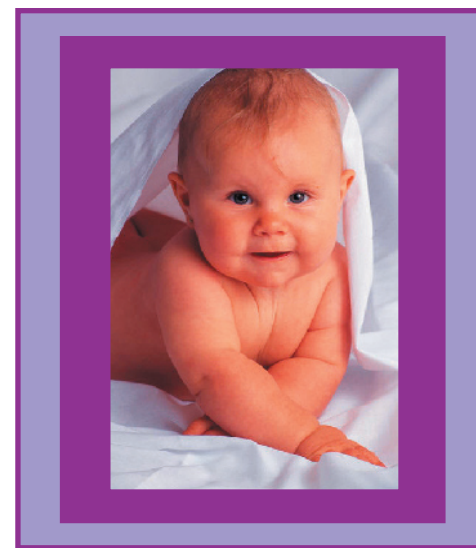
**Nutrition Training Institute**  
**Missouri Department of Health**  
**and Senior Services**  
**Bureau of WIC and**  
**Nutrition Services**

and

**University of Minnesota**  
**School of Public Health**

present

## 2006 National Maternal Nutrition Intensive Course



Shown by Video Stream at the  
Missouri Department of Health and Senior  
Services Office - 930 Wildwood  
WIC Nutrition Training Room  
Jefferson City, Missouri

October 5-6, 2006  
8:00 am - 5:00 pm



## Agenda

The following sessions will be offered via video streaming:

- ♥ *Nutrition in Pregnancy: Physiological and Metabolic Adaptations*  
Jamie Stang
- ♥ *Pregnancy, Infancy and Oral Care*  
Francisco Ramos-Gomez
- ♥ *Weight Gain and Adolescent Pregnancy*  
Mary Hediger
- ♥ *Glycemic Index in Pregnancy*  
Mark Pereira
- ♥ *Gestational Diabetes*  
Cathy Fagen
- ♥ *Early Nutrition Effects on Brain Development*  
Michael Georgioff
- ♥ *Nutrition Needs of Premature Infants*  
Diane Anderson
- ♥ *Model Program: The Somali TV Project: Communicating Through Cable*  
Laura Ehrlich
- ♥ *Catch-up Growth in Infants and Young Children*  
Mary Hediger
- ♥ *Model Program: Nutrition Education for Pregnant Teens*  
Madeleine Sigman-Grant
- ♥ *Critical Thinking Skills for Health Professionals*  
Craig Hassel
- ♥ *Exercise in Pregnancy*  
Michelle Motolla
- ♥ *Follow-up Issues on Preterm and Low Birthweight Infants*  
Diane Anderson
- ♥ *Herbs and Over-the-Counter Medications in Pregnancy and Lactation*  
Beth Conover

## Goal

This continuing education program focuses on the improvement of maternal and infant health through the delivery of risk-appropriate high-quality nutrition services. It is designed for dietitians, nutritionists, certified nurse midwives, registered nurses and nurse practitioners, physicians and public health professionals who serve preconceptual, pregnant, postpartum and breastfeeding women.

## Objectives

- ♥ Describe ways that appropriate nutrition services can improve pregnancy outcomes.
- ♥ Describe the effect of maternal eating behaviors on birth outcomes and infant health status and development.
- ♥ Identify characteristics of model programs and counseling approaches for maternal and infant nutritional health.

Registration is due by September 8, 2006

The Centers for Public Health Education and Outreach (CPHEO), University of Minnesota School of Public Health, will award a certificate of attendance for 15 contact hours of professional continuing education or 1.5 Continuing Education Units (CEUs) to program participants. CPHEO maintains permanent records of all continuing education program activities.

This program has also been approved for 15 Continuing Professional Education Units (CPEs) from the commission on Dietetic Registration (CDR), the credentialing agency for the American Dietetic Association.

Missouri WIC is qualifying this for 15 hours of Continuing Nutrition Education for nutritionist.

## Individual Registration for the University of Minnesota Training

Please print the information below and mail by September 8, 2006

NAME: \_\_\_\_\_

OCCUPATION: \_\_\_\_\_

PLACE OF EMPLOYMENT: \_\_\_\_\_

ARE YOU A WIC EMPLOYEE? \_\_\_\_ YES \_\_\_\_ NO

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_

STATE: \_\_\_\_\_ ZIP CODE: \_\_\_\_\_

PHONE NUMBER: (\_\_\_\_) \_\_\_\_\_

E-MAIL ADDRESS: \_\_\_\_\_

### WIC Employees

**May Attend Free and Should Send the Registration Form To:**

**Attn: Michele Bailey**

**2006 University of Minnesota Training**

**Missouri Department of Health and Senior Services, Bureau of WICNS,**

**P.O. Box 570, Jefferson City, MO 65102-0570**



### All Others Attendees

**Must Pay A Non-Refundable Registration Fee of \$75.00.**

**Please Make Checks Payable To:**

**Missouri Department of Health and Senior Services**

**and Mail To:**

**Attn: Fee Receipts**

**2006 University of Minnesota Training**

**Missouri Department of Health and Senior Services**

**P.O. Box 570, Jefferson City, MO 65102-0570**

A confirming email will be sent to you as your receipt.